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|----------------|---|------------|------------|------------|------------|------------|---|
| January | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | Diana Golden Eastern Race Series Schedule 2010 | | | | | 1 | 2 |
| | 3 | 4 | 5 | 6 | 7 | 8 | 9 NEDS Loon |
| | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | 17 Ability + Gunstock | 18 | 19 | 20 | 21 | 22 | 23 Bretton Woods Adaptive |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 Race Camp @ Windham |
| | 31 ASF Windham | | | | | | |
| 2010 | | | | | | | |

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|-----------------|-------------|------------|--|------------|------------|------------|--|
| February | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | 1 | 2 Race camp at Camelback | 3 | 4 | 5 | 6 PCAS Camel- back |
| | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 14 | 15 | 16 | 17 | 18 | 19 | 20 MHS Sunday River |
| | 21 | 22 | 23 | 24 | 25 | 26 | 27 Ability + Waterville Valley |
| | 28 | | | | | | |
| | 2010 | | | | | | |

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|--------------|-------------------------------|------------|------------|------------|------------|------------|---------------------------------------|
| March | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | 1 | 2 | 3 | 4 | 5 | 6 BART Bromley |
| | 7 | 8 | 9 | 10 | 11 | 12 | 13 Stride Jiminy Peak |
| | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 21 NEHSA Sunapee | 22 | 23 | 24 | 25 | 26 | 27 |
| | 28 | 29 | 30 | 31 | | | |
| 2010 | | | | | | | |

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| NorAm Schedule | The Hartford Ski Spectacular Decemer 14 & 15 Copper Mtn, CO GS & Slalom |
| | Winter Park Open December 17 & 18 Winter Park, CO Super G & Super Combined |
| | Huntsman Cup January 2-4 Park City, UT GS (x2) & Slalom |
| | Adaptive Alpine National Championships March 28-April 4 Big Sky, MT GS, Slalom, Super G, Super Combined, Downhill |
| 2010 | |